

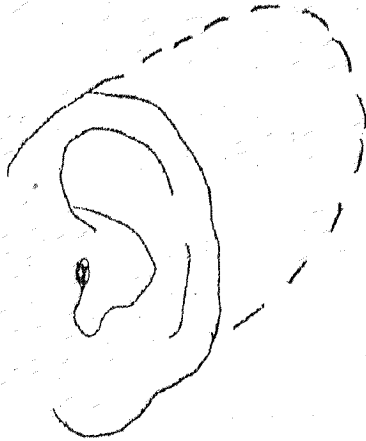
## FOR PEOPLE WHO HAVE HAD A MASTOID OPERATION

### A. When using Olive Oil

The olive oil drops have to reach 2 areas of the ear: straight down the ear canal, as previously described, and also backwards

FIRSTLY, put the drops in as previously described

THEN, in order to reach the wax which may accumulate in the "back space" (see diagram below)



Lie on your back and drop 2-3 drops of oil upwards and backwards into the ear canal

Stay in this position for 5 minutes and then wipe away excess oil - as previously explained

### B. When using Antibiotic/Anti-Inflammatory Ear Drops

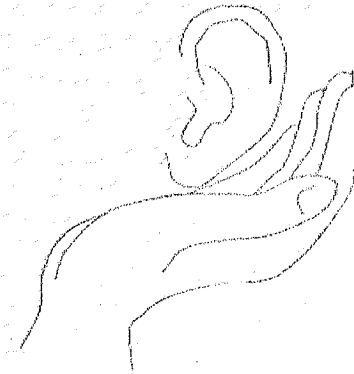
Remember to not only put the prescribed drops into the ear canal, but also into this "back space"

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## The Primary Ear Care Centre

# HOW TO USE EAR DROPS

Buy a 'dropper' bottle of olive oil from  
your Chemist



If you experience any difficulty, please contact:

The Primary Ear Care Centre  
c/o Kiveton Park Primary Care Centre  
Chapel Way, Kiveton Park  
SHEFFIELD S26 6QU

Tel No: 01909 772746

Visit our Website on [www.earcarecentre.com](http://www.earcarecentre.com)