

ECG

Your doctor has asked for you to have this simple test, which will record the rhythm and activity of your heart.

- Small metal patches, set in sticky plaster, are put on the arms, legs and across the chest, and connected to a recording machine.
- It is painless and takes a short time to record a few beats from each set of electrodes.
- It is best to wear clothing that is easy to remove and women are better wearing "pop" socks with trousers rather than tights as these will need to be removed.
- Please do not use body lotion or cream as this impedes the electrodes picking up the electrical signals.
- The nurse will advise you when to next see your doctor following your ECG but she will not discuss with you the actual results. The doctor will do this when he/she sees you.

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