

What happens if I miss or cancel a counselling session?

Give your counsellor at least 24 hours notice if you need to cancel a session.

Later changes or missed appointments will count as lost sessions from the total number of sessions agreed.

In a last minute emergency please leave a message for your counsellor on the following number: 07905 950293

Things to remember

Counselling can be a rewarding process, but it can also be painful and uncomfortable at times.

For the counselling process to work well, it is important to keep the appointments you have agreed to attend.

Our counsellors are qualified and have considerable experience.

Our counsellors abide by the British Association for Counselling and Psychotherapy code of ethics and offer counselling to anyone regardless of marital status, gender, race, religious preference or physical disability.

To make an appointment for counselling or for further information, please ring

Evelyn West
Tel: 07905 950293

Counselling

at

**The Christian Centre
St Martins Walk, Dorking
for patients of
New House Surgery**

- how can counselling help me?
- what is available?
- how do I make an appointment?